



notes from the...

SMILE FILE

Dr. Paul G. Grandsire, Larchmont, NY 834-1646

BACK TO SCHOOL

Continuous improvement is our goal and our team has been hard at work. A list of some of our recent courses:

- *Implant Surgical Techniques and Treatment Plans*
- *Cosmetic Dentistry*, with Jim our lab tech of 27 yrs
- *CPR for Emergencies and AED for Heart Attacks*
- *Invisalign Certification* for invisible braces
- *Relationships between Gum Disease and Heart Disease*
- *Hypnosis and Dentistry: Phobias, Gagging and Bruxism*
- *Advanced Training in Computerized Dentistry*
- *Surgical Prep and Pain Management thru Biofeedback*
- *Inflammation, Stress and Health*
- *Photography: Dental and Portrait*
- *Chi Running* – injury free running
- *Total Immersion Swimming* – for Swim Across America.

We are **GOING GREEN**. We need your e-mail and contact info when you visit us. Our goal is to go digital with the SMILE FILE, confirmation calls, insurance and many others.

E-mail us your info at smilefiler@aol.com - that's the greenest idea yet!

EASY LISTENING

We've upgraded our music selection and now have over 4500 songs available on our office IPOD's. They sound great with the new comfortable headphones.

You can also bring your own IPOD and enjoy your own music. A sharp 91 year old patient recently commented that our dental noises were very musical and that she didn't even need the headphones!



WHITEN FOR A GREAT CAUSE

We are having our 4th annual promotion to raise money to fight cancer. We will donate \$200 for each home bleaching to the SWIM ACROSS AMERICA charity to fight cancer. Dr. Paul is training for the swim in LI Sound as part of the program. The event is July 26th and ends at the Shore Club in Larchmont.

Whiten your teeth before July 25th and and also **save \$100 off the regular price of \$495.**

...dental care for children & adults

INVISIBLE BRACES

Our office is now certified in Invisalign, straightening teeth without wires. Invisalign is perfect for busy adults who don't have time for traditional braces.

The system is highly technical, using computer images to predict the final position of the straightened teeth. It then breaks the process into stages.

A series of clear removable appliances are made to accommodate each stage. They are similar to athletic guards or bleaching trays. Each tray (aligner) is worn for 3 weeks and can be removed for eating and cleaning.

Treatment time averages 6-12 months. Invisalign is a comfortable solution for mild crowding and mild under- and over-bites. It can even be combined with traditional orthodontics for more complicated problems.

If you are wondering about straighter teeth – ask about Invisalign.



DREAM SMILE

Interest-free financing for up to 12 months is now available to qualified patients. Extended payment plans up to 60 months, available at very reasonable fixed rates have also been added to our payment options.



CONGRATS TO...

All our grads. Our classic photos are all of kids who are now at least high school grads and some have graduated from college this year.

Newlyweds Angelo of Mamaroneck, Liza of Bronxville and Helen & Joe of Larchmont. Nephew Luke, who is on his way to Annapolis. Victor, on his 50 years at Archie Comics.

A few volunteer spots remain for learning relaxation techniques. Make dentistry more relaxing. (Also helpful for habit control and teeth grinding.)

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dental care for children & adults

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